

Assessment Procedure

Neuroplasticity: Rewire your Brain- CVAC018

The assessment procedure of this course was done by a descriptive exam and GD. The total mark for the exam was 40 and for GD it was 10. The minimum percentage to pass the exam was 50 %. Those who secured minimum pass marks in both were declared qualified. A sample question paper is given below:

CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA VALUE ADDED CERTIFICATE COURSE EXAMINATION 2018 Neuroplasticity: Rewire Your Brain

TIME: 2 Hours

MAX. MARKS: 50

Answer any four questions. Each question carries 10 marks.

1. How Neuroplasticity Works?
2. Discuss the benefits of Neuroplasticity.
3. Explain the nature and characteristics of Neuroplasticity.
4. Discuss the problems with brain plasticity
5. How Can Neuroplasticity help with Depression?
6. Discuss the role of Mindfulness in Neuroplasticity

4x10 = 40

GROUP DISCUSSION

MARK: 10

TOPIC: How to Rewire Your Brain with Neuroplasticity?

1x10 = 10



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